



Brisbane Specialist Suites

LOCAL MENTAL HEALTH SERVICES IN THE BRISBANE AREA

Due to the high demand for our Specialists, we appreciate that we might not always be able to offer support to you as quickly as we would like.

With this in mind, we have prepared the following to assist you and your loved ones in finding emergency support as quickly as possible while you wait to see one of our Specialists.

PUBLIC MENTAL HEALTH SERVICES

These services are free with no out of pocket costs. You will need to contact them and request an assessment with an Intake Officer, after which the service will decide what level of support they are able to offer you.

Child and Youth Acute Response Team (ART) based at the Lady Cilento Hospital

This service provides support and assessment to young people and their families, 24 hours a day, 7 days a week, who present to Emergency. ART also provides crisis telephone support line 24 hours a day, 7 days a week to young people and their families. T: (07) 3068 2555 or email LCCH_ART@health.qld.gov.au

Metro North Acute Care Team Acute Care Team (Adult Service, 18 years and over)

The Acute Care Team provides assessment and acute treatment services. They are responsible for the acute assessment area (Psychiatric Emergency Centre) based in the Emergency Department, the Community Assessment Service and the Mobile After Hours Service. T: 1300 MH CALL (1300 642255) or email RBWH-Feedback@health.qld.gov.au title "Mental Health Services"

Metro South Acute Care Team (Adult Service, 18 years and over)

The telephone triage service is staffed by a multidisciplinary team of mental health professionals who will undertake timely triage and initial assessment of any individual needing mental health assistance from one of our qualified staff. All initial assessments conducted by the triage team will assess the risk and immediate mental health needs of the individual. T: 1300 MH CALL (1300 642255)

NON-GOVERNMENTAL ORGANISATIONS

These services offer community support but specialist assessment and treatment may not be available.

Eating Disorder Association

The Eating Disorders Association Inc. (Qld) is a non-discriminatory and non-profit organisation which believes in providing a service to people of different ages, gender and cultures. W: www.eda.org.au T: (07) 3394 3661

Headspace

Non-governmental organisation providing therapeutic support to 12 to 25 year olds with minimal out of pocket expense. Find your local centre contact details online through W: www.headspace.org.au/headspace-centres

Lifeline

This service provides crisis telephone and online support. T: 13 11 14. Lifeline also have an online chat available on www.lifeline.org.au (top right hand corner of the page to activate)

Open Minds

This organisation is a registered NDIS provider that delivers mental health, disability and employment support services. Find your local centre contact details online through W: www.openminds.org.au